



REPUTABLE TOURS & SAFARIS LTD

TANZANIA SAFARIS • KILIMANJARO TREKKING EXPEDITION SPECIALISTS

TALA LICENSED OPERATOR

KPAP CERTIFIED ETHICAL PARTNER

TATO MEMBER

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KILIMANJARO TREKKING EXPEDITION

Machame Route

"The Whiskey Route" • Mount Kilimanjaro (5,895m (19,341 ft))

ALL-INCLUSIVE RATE FROM

\$2,050

USD / PERSON (GUARANTEED)

STANDARD DURATION 7 Days / 6 Nights	MAX ELEVATION 5,895m (19,341 ft)	ROUTE DIFFICULTY Challenging	SUCCESS RATE 96% (7-Day) / 85% (6-Day)
ACCLIMATIZATION PACING Optimal "Climb High, Sleep Low" Profile via Lava Tower (4,630m)	ACCOMMODATION STYLE Four-Season Mountain Tents	BEST SEASON WINDOW January - March & June - October	STARTING DEPARTURE POINT Official National Park Gate / Moshi Hub

ABOUT THIS ROUTE • COMPREHENSIVE OVERVIEW

Climb Mount Kilimanjaro via the scenic Machame Route. Compare 7-day and 6-day itineraries, 96% summit success rate, Lava Tower acclimatization, Great Barranco Wall, and KPAP certified guides.

Tactical Route Dynamics: Climbers traverse five distinct ecological zones—from the lush, ancient montane rainforest to high heather moorland, alpine volcanic deserts, and arctic glacier summits. With our certified Wilderness First Responder guides maintaining a strict 1:2 guide-to-climber ratio, your team enjoys continuous physiological monitoring, rhythmic "Pole Pole" pacing, and dedicated camp support.

SIGNATURE ROUTE HIGHLIGHTS • KEY WAYPOINTS

? 7 Days / 6 Nights Mountain Expedition

? Key Acclimatization at Karanga Camp (4,035m)

? Lava Tower (4,630m) Climb High, Sleep Low

? Exhilarating Great Barranco Wall Scramble

? Daily Pulse Oximeter & Medical Checks

? KPAP Certified Fair Porter Treatment

EXPEDITION CAMP STANDARDS • WILDERNESS COMFORT & HYGIENE

- HIGH-ALTITUDE 4-SEASON EXPEDITION TENTS:** Premium double-walled, windproof tents (Mountain Hardwear Trango / North Face VE-25) paired with 3-inch high-density insulated sleeping mattresses.
- PRIVATE CHEMICAL PORTABLE TOILET TENTS:** Dedicated, sanitary portable chemical toilet tents reserved exclusively for your party, cleaned and disinfected twice daily.
- INSULATED DINING MESS TENT:** Spacious stand-up mess tent equipped with backed chairs, folding tables, gas lanterns, and warm hand-wash basins before every meal.
- MOUNTAIN CHEF NUTRITION & PURIFIED WATER:** Three hot, freshly prepared high-carbohydrate meals daily, afternoon tea with biscuits, and unlimited chemically purified drinking water.
- MEDICAL SAFETY EQUIPMENT:** Emergency medical bottled oxygen cylinders, hyperbaric treatment kits, comprehensive wilderness first aid, and twice-daily pulse oximetry vital checks.

DAY-BY-DAY COMPREHENSIVE ITINERARY • ROUTE PROGRESSION

DAY 1

Machame Gate (1,800m) to Machame Camp (3,010m)

Ascent/Descent: +1,210m ascent | Distance: 11 km (6.8 miles) | Duration: 5 - 7 hours | Habitat / Zone: Montane Rainforest

Depart Moshi or Arusha after breakfast for the scenic drive through banana farms to Machame Gate. After official TANAPA park registration and luggage weighing by the porter crew, begin trekking through the lush, emerald cloud forest accompanied by birdsong and black-and-white colobus monkeys. Arrive at Machame Camp perched at the edge of the forest and heather zone.

MEALS PROVIDED	Breakfast: Lodge buffet breakfast prior to departure Lunch: Nutritious packed trail lunch box (chicken, fresh fruit, boiled egg, juice & muffin) Dinner: Freshly cooked 3-course dinner: Hot vegetable soup, roast beef/fish or vegetable stew, pasta/rice, and fresh seasonal fruit Beverages: Afternoon tea, coffee, hot drinking chocolate, and purified mountain water
ACCOMMODATION	Private 4-season mountain expedition tent (The North Face/Mountain Hardwear) with 3-inch high-density sleeping mattress, shared spacious dining tent with backed chairs, and private chemical portable toilet tent.
INCLUDED SERVICES	Licensed Wilderness First Responder lead & assistant mountain guides (1:2 ratio) • Dedicated personal porter carrying client duffel bag up to 15kg • Pre-pitched camp upon arrival with hot wash water basins provided • Evening health check: Pulse oximeter oxygen saturation (SpO2), heart rate, and Lake Louise symptom scorecard • Unlimited boiled and chemically purified mountain drinking water
ROUTE HIGHLIGHTS	Scenic rainforest trek beneath ancient moss-draped Podocarpus and Camphorwood canopies • Wildlife and primate spotting (Colobus and Blue Monkeys) • Evening trail and safety briefing by lead guide

DAY 2

Machame Camp (3,010m) to Shira Cave Camp (3,845m)

Ascent/Descent: +835m ascent | Distance: 9 km (5.6 miles) | Duration: 4 - 6 hours | Habitat / Zone: Moorland & Giant Heather

Climb out of the rainforest and follow a rocky ridge through open moorland valleys with giant heather and lobelias. Ascend onto the western rim of the volcanic Shira Plateau—one of the highest plateaus on Earth. Settle into Shira Cave Camp with sweeping vistas of Mount Meru rising in the western sunset and the glaciated Kibo peak ahead.

MEALS PROVIDED	Breakfast: Full cooked mountain breakfast: Porridge/oats, eggs made to order, sausages/bacon, toast, jam & hot beverages Lunch: Warm trail lunch served at camp: Savory pancakes, vegetable salad, hot chips & fresh fruit Dinner: Chef-prepared hot dinner: Cream of butternut squash soup, grilled chicken with mashed potatoes & steamed vegetables Beverages: Hot afternoon tea & ginger cookies, electrolyte drinks, and clean treated drinking water
ACCOMMODATION	Private 4-season mountain expedition tent on the volcanic Shira Plateau with thick foam mattress, warm dining tent, and private chemical toilet tent.
INCLUDED SERVICES	Professional guiding with continuous pacing ("Pole Pole") • Porters transporting all camping gear, setting up mess and sleeping tents before arrival • Morning and evening pulse oximeter and pulse check • Hot washing water in personal basins morning and evening • Medical oxygen cylinder and first aid kit on site
ROUTE HIGHLIGHTS	Moorland ecology walk amongst giant groundsels (Dendrosenecio kilimanjari) • Exploration of volcanic Shira Cave geology • Golden hour sunset photography overlooking Mount Meru

DAY 3

Shira Cave to Lava Tower (4,630m) down to Barranco Camp (3,960m)

Ascent/Descent: +785m to Lava Tower, then -670m descend | Distance: 10 km (6.2 miles) | Duration: 6 - 8 hours | Habitat / Zone: Alpine Desert to Moorland

The cornerstone acclimatization day: ascend east across a stark volcanic moonscape up to the prominent volcanic monolith of Lava Tower (4,630m). Enjoy a hot lunch at high elevation to stimulate red blood cell production, then descend 670m through the valley of prehistoric giant senecios to Barranco Camp. This "climb high, sleep low" profile guarantees optimal acclimatization.

MEALS PROVIDED	Breakfast: High-energy breakfast: Millet/oatmeal porridge, fried/scrambled eggs, pancakes, peanut butter, fruit & hot drinks Lunch: Hot seated lunch inside mess tent at Lava Tower (4,630m): Hot soup, beef/lentil pasta, cheese sandwiches & tea Dinner: Multi-course dinner at Barranco: Hearty minestrone soup, Swahili beef stew with rice and sauteed greens, warm dessert Beverages: Herbal teas, hot chocolate, coffee, and mineral-balanced drinking water
ACCOMMODATION	Private 4-season mountain expedition tent in the sheltered Barranco Valley beneath the southern breach glaciers, with mattress and private chemical toilet tent.
INCLUDED SERVICES	Expert pacing and altitude sickness symptom monitoring throughout the Lava Tower ascent • Full hot lunch service by mountain chef at 4,630m altitude • Daily twice-daily pulse oximeter check and Lake Louise AMS scoring • Porters carry all gear and prepare camp at Barranco ahead of team arrival • Hot water bottles offered for sleeping bags on chilly nights
ROUTE HIGHLIGHTS	Acclimatization climb to the base of the iconic Lava Tower • Trek through the fairytale-like Giant Groundsels (Senecio) forest • Spectacular photography of the Great Barranco Wall and Heim Glacier

DAY 4 Barranco Camp (3,960m) to Karanga Camp (4,035m)

Ascent/Descent: +75m net gain (via 257m Barranco Wall climb) | Distance: 5 km (3.1 miles) | Duration: 4 - 5 hours | Habitat / Zone: Alpine Desert

Conquer the thrilling Great Barranco Wall—a fun, non-technical 257m rock scramble where you will use your hands for balance ("the Kissing Rock"). Crest the top at 4,200m for breath-stopping vistas of Kibo's southern glaciers, then descend into the green Karanga Valley and climb up to Karanga Camp. Having this extra acclimatization day before the summit bid is the key reason for Machame 7-Day's 96% success rate.

MEALS PROVIDED	Breakfast: Cooked breakfast: French toast, scrambled eggs, fried tomatoes, porridge & hot tea/coffee Lunch: Fresh hot lunch at Karanga Camp: Chicken wraps, potato wedges, fresh cucumber & tomato salad, tropical fruit Dinner: Carbohydrate-rich dinner: Vegetable cream soup, spaghetti bolognese (beef or vegetarian), parmesan, garlic bread, canned peaches Beverages: Hot afternoon tea, ginger & lemon tea, and unlimited purified drinking water
ACCOMMODATION	Private 4-season expedition tent at Karanga Camp (4,035m), high-density foam mattress, insulated dining tent, and private chemical toilet tent.
INCLUDED SERVICES	Close guide assistance, spotting, and hand placement direction along the Great Barranco Wall • Half-day trek allowing full afternoon relaxation, muscle recovery, and acclimatization • Twice-daily pulse oximeter and vital signs check • Porters provide afternoon hot washing basins and freshly boiled drinking water • Optional short acclimatization afternoon walk with guide toward Southern Icefields
ROUTE HIGHLIGHTS	Hands-on scramble of the Great Barranco Wall with glacier views • Photography of Kibo Peak, Heim Glacier, and the Karanga river valley • Rest and physiological recovery before base camp

DAY 5 Karanga Camp (4,035m) to Barafu Base Camp (4,640m)

Ascent/Descent: +605m ascent | Distance: 4 km (2.5 miles) | Duration: 3 - 4 hours | Habitat / Zone: Alpine Desert

Trek across arid alpine desert ridges connecting with the Mweka descent route. Ascend toward Barafu Base Camp ("ice" in Swahili), perched on an exposed, wind-swept rocky ridge with commanding views of Mawenzi Peak. Enjoy a warm lunch, an early carbohydrate dinner, and an extensive summit briefing. Retire to your tents by 19:00 to sleep before the midnight summit push.

MEALS PROVIDED	Breakfast: Warm breakfast: Porridge with honey, scrambled eggs, toasted bread, sausages, fresh fruit & hot drinks Lunch: High-energy lunch at Barafu: Vegetable rice, beef curry or lentil dal, steamed broccoli, and hot soup Dinner: Early pre-summit dinner (17:30): Easy-to-digest carbohydrate meal—pasta with light tomato sauce, chicken breast, steamed carrots & hot cocoa Beverages: Hydrating hot teas, warm bouillon soup, and thermal flasks filled with purified water
ACCOMMODATION	Private 4-season expedition tent pitched on rocky platforms at Barafu Base Camp (4,640m), foam mattress, dining tent, and private chemical toilet tent.
INCLUDED SERVICES	Comprehensive summit equipment check: Headlamp batteries, thermal clothing layers, glove systems, and insulated water bottles • Detailed summit briefing on pace, breathing techniques, and Stella Point milestones • Medical checkup: Pulse oximetry, pulse, and hydration check • Guides prepare emergency oxygen, stretchers, and hyperbaric protocols • Wake-up call at 23:00 with warm tea, biscuits, and summit porridge
ROUTE HIGHLIGHTS	Alpine desert ridge trek with vistas of Mawenzi and Kibo peaks • Summit preparation and mental conditioning • Stargazing over the clouds at 4,640m elevation

DAY 6 Summit Night: Barafu (4,640m) to Uhuru Peak (5,895m) down to Mweka Camp (3,100m)

Ascent/Descent: +1,255m ascent, -2,795m descent | Distance: 5 km ascent, 12 km descent (17 km total) | Duration: 11 - 15 hours | Habitat / Zone: Arctic Glacial Summit to Rainforest Edge

Wake at 23:00 for hot tea and energy biscuits. Begin the steep scree switchbacks by headlamp toward Stella Point (5,756m) on the crater rim. Greet a magnificent golden sunrise above the cloud bank. Continue 45 minutes along the snow-covered crater rim to Uhuru Peak (5,895m)—the Roof of Africa! Celebrate, take unforgettable photos, then descend to Barafu for hot lunch and rest, before continuing down to Mweka Camp.

MEALS PROVIDED	Breakfast: Midnight energy snack: Hot tea, cocoa, ginger biscuits & energy porridge before summit; plus summit chocolate at Stella Point Lunch: Celebratory recovery lunch at Barafu: Hot vegetable soup, fried chicken/fish, chips, and refreshing fruit juice Dinner: Hearty summit celebration feast at Mweka Camp: Roast beef, mashed potatoes, mixed vegetables, pancake dessert & hot drinks Beverages: Warm summit tea in insulated flasks, hot soup at Barafu, and celebratory fruit juices at Mweka
ACCOMMODATION	Private 4-season expedition tent at Mweka Camp (3,100m) nestled in lush forest edge, thick foam mattress, warm dining tent, and private chemical toilet tent.
INCLUDED SERVICES	Dedicated 1:1 or 1:2 guide-to-client summit push ratio for maximum safety and motivation • Continuous SpO2 and cognitive altitude monitoring during the night climb • Emergency bottled oxygen carried by summit guides at all times • Porter crew welcomes climbers back to Barafu with singing and fresh juice • Hot wash basins and comfortable sleep in oxygen-rich forest elevation at 3,100m
ROUTE HIGHLIGHTS	Nighttime ascent under the Southern Cross stars • Sunrise over Mawenzi Peak from Stella Point (5,756m) • Reaching Uhuru Peak (5,895m)—the highest point in Africa and highest free-standing mountain in the world • Photos at the iconic Kilimanjaro summit wooden signboard

DAY 7 Mweka Camp (3,100m) to Mweka Gate (1,650m) & Transfer to Hotel

Ascent/Descent: -1,450m descent | Distance: 10 km (6.2 miles) | Duration: 3 - 4 hours | Habitat / Zone: Montane Rainforest

A gentle, oxygen-rich descent through the lush tropical rainforest down to Mweka Gate. Sign the official national park registry and receive your TANAPA official summit certificates (Gold Certificate for Uhuru Peak, Green for Stella Point). Bid a joyful farewell to your guides, cooks, and porters during the traditional tipping and singing ceremony, followed by a private transfer back to your hotel in Moshi or Arusha.

MEALS PROVIDED	Breakfast: Full camp breakfast: Eggs, sausages, pancakes, fresh tropical fruit, toast, coffee & tea Lunch: Celebration farewell lunch with cold drinks and beers at hotel or local restaurant Dinner: Dinner at hotel or exploration of local town dining (depending on booked package) Beverages: Fresh fruit juices, Kilimanjaro beer, celebration champagne, and purified water
ACCOMMODATION	Comfortable lodge/hotel in Moshi or Arusha with en-suite hot shower, swimming pool, Wi-Fi, and clean comfortable bed.
INCLUDED SERVICES	Presentation of official TANAPA Gold Kilimanjaro Summit Certificates • Ethical KPAP mountain crew tipping ceremony and farewell Kilimanjaro song • Private air-conditioned vehicle transfer from Mweka Gate to Moshi/Arusha hotel • Luggage return and safe storage collection • Assistance with onward flight connections or safari departure
ROUTE HIGHLIGHTS	Rainforest birdwatching and waterfall photography on descent • Summit certificate award ceremony at Mweka Gate • Celebratory toast and hot shower at base hotel

PACKAGE INCLUSIONS & EXCLUSIONS • FULL TRANSPARENCY

? WHAT IS INCLUDED

- All Kilimanjaro National Park (TANAPA) conservation and entrance fees
- All mountain camping fees or hut fees and government value-added taxes (VAT)
- Mandatory national park mountain rescue service insurance
- Licensed, wilderness first responder (WFR) certified head guide and assistant guides (1:2 ratio)
- Dedicated mountain chef preparing 3 nutritious, high-energy hot meals daily
- Ethical porter team carrying personal luggage (up to 15kg duffel bag per climber)
- High-altitude 4-season expedition tents (Mountain Hardwear / North Face) and thick foam sleeping mattresses
- Private portable chemical toilet tent with sanitary disposal system
- Spacious, insulated dining mess tent with tables and backed chairs
- Emergency medical bottled oxygen cylinders and hyperbaric altitude management protocols
- Twice-daily medical checks including pulse oximeter oxygen saturation (SpO2) and heart rate
- Unlimited boiled, chemically purified mountain drinking water
- Official TANAPA Gold Summit Certificates upon successful Uhuru Peak ascent
- Round-trip airport and trailhead transfers in private air-conditioned vehicles

? WHAT IS EXCLUDED

- International and domestic flights
- Tanzania tourist entry visa (\$50-\$100 depending on nationality)
- Comprehensive travel, medical, and high-altitude evacuation insurance
- Personal mountain trekking clothing and gear (sleeping bag, trekking poles, thermal layers)
- Customary tipping/gratuities for mountain guides, cook, and porters (KPAP recommended guidelines)
- Personal expenses, laundry, souvenirs, and alcoholic beverages

KPAP CERTIFIED ETHICAL TREATMENT • WILDERNESS FIRST RESPONDER SAFETY

Reputable Tours is an accredited partner of the **Kilimanjaro Porters Assistance Project (KPAP)**. We guarantee ethical working conditions, fair living wages, nutritious hot meals, warm mountain clothing, and a strict 15kg weight limit for our porter crew. Every mountain expedition carries medical oxygen, pulse oximeters, and is led by licensed Wilderness First Responders.

READY TO EXPERIENCE THIS ROUTE?

Our native expedition specialists are ready to tailor this itinerary to your preferred departure dates, group size, and accommodation preferences.

Visit <https://reputabletours.com> to customize your departure or chat with our operations desk.

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